

# **GET HELP PAYING YOUR ENERGY BILL**

The price for home heating and electricity is expected to be higher than normal this winter and could make your costs go up. Check your bill each month.

You may be eligible for help with your electric and/or heating bill through the State Office of Home Energy Programs (OHEP). No turn-off notice needed.

## **Apply Online**

[mydmthink.maryland.gov](http://mydmthink.maryland.gov)

## **Apply by Mail**

Call 1-800-332-6347 Mon-Fri, 8AM-4:30PM to request an application and ask general questions.

## **Apply in Person**

Call your local office for walk-in hours or to schedule an appointment.

### **Local Energy Assistance (OHEP) Office Phone Numbers**

**Allegany County**  
(301) 784-7000

**Dorchester County**  
(410) 901-4100

**Queen Anne's County**  
(410) 758-8000

**Anne Arundel County**  
(410) 626-1900

**Frederick County**  
(301) 600-2410

**Somerset County**  
(410) 651-1805

**Baltimore City**  
(410) 396-6406

**Garrett County**  
(301) 334-9431

**St. Mary's County**  
(301) 475-5574

**Baltimore County**  
(410) 853-3385

**Harford County**  
(410) 612-9909

**Talbot County**  
(410) 763-6745

**Calvert County**  
(410) 535-1010

**Howard County**  
(410) 313-6440

**Washington County**  
(301) 797-4161

**Caroline County**  
(410) 819-4500

**Kent County**  
(410) 810-7716

**Wicomico County**  
(410) 341-9634

**Cecil County**  
(410) 996-0270

**Montgomery County**  
(240) 777-4450

**Worcester County**  
(410) 632-2075

**Charles County**  
(301) 274-4474

**Prince George's County**  
(301) 909-6300

This flyer was prepared by the Office of People's Counsel 12/2022

— OPC —

OFFICE OF PEOPLE'S COUNSEL  
State of Maryland



Thinking about applying for electric and/or heating bill assistance? You might be eligible for SNAP too!

The Supplemental Nutrition Assistance Program (SNAP), formerly known as food stamps, is a monthly benefit program that you can use to purchase food at the grocery store, online, and at farmers markets.

Eligibility is based on household size, income, and expenses.

Maryland Hunger Solutions can help you with:

- Learning about SNAP and where you can use your benefits
- Pre-screening your household for eligibility
- Completing an application over the phone (no internet required!)
- Filing a redetermination or benefit review form for SNAP
- Finding other local food resources

**Apply online** for SNAP at [mydmthink.maryland.gov](http://mydmthink.maryland.gov)

**Apply in-person** at your local Department of Social Services

Or call us toll-free at:

**1-866-821-5552**

Translation services for all languages available free of charge.

