

GET HELP PAYING YOUR ENERGY BILL

Check your bill each month. If you fall behind, apply for financial assistance now!

You may be eligible for help with your electric and/or heating bill through the State Office of Home Energy Programs (OHEP). No turn-off notice needed.

Apply in Person (the best way)

Call your local office for walk-in hours or to schedule an appointment.

Apply by Mail

Call 1-800-332-6347 Mon-Fri, 8AM-4:30PM to get a paper application mailed to you.

Apply Online

mymdthink.maryland.gov

Local Energy Assistance (OHEP) Office Phone Numbers

Allegany County
(301) 784-7000

Charles County
(301) 274-4474

Prince George's County
(301) 909-6300

Anne Arundel County
(410) 626-1900

Dorchester County
(410) 901-4100

Queen Anne's County
(410) 758-8000

Baltimore City
(410) 396-6406

Frederick County
(301) 600-2410

Somerset County
(410) 651-1805

Baltimore County
(410) 853-3385

Garrett County
(301) 334-9431

St. Mary's County
(301) 475-5574

Calvert County
(410) 535-1010

Harford County
(410) 612-9909

Talbot County
(410) 763-6745

Caroline County
(410) 819-4500

Howard County
(410) 313-6440

Washington County
(301) 797-4161

Carroll County
(410) 857-2999

Kent County
(410) 810-7716

Wicomico County
(410) 341-9634

Cecil County
(410) 996-0270

Montgomery County
(240) 777-4450

Worcester County
(410) 632-2075

This flyer was prepared by the Office of People's Counsel 11/2023

— OPC —

OFFICE OF PEOPLE'S COUNSEL
State of Maryland



Thinking about applying for electric and/or heating bill assistance? You might be eligible for SNAP too!

The Supplemental Nutrition Assistance Program (SNAP), formerly known as food stamps, is a monthly benefit program that you can use to purchase food at the grocery store, online, and at farmers markets.

Eligibility is based on household size, income, and expenses.

Maryland Hunger Solutions can help you with:

- Learning about SNAP and where you can use your benefits
- Pre-screening your household for eligibility
- Completing an application over the phone (no internet required!)
- Filing a redetermination or benefit review form for SNAP
- Finding other local food resources

Apply online for SNAP at mydmthink.maryland.gov

Apply in-person at your local Department of Social Services

Or call us toll-free at:

1-866-821-5552

Translation services for all languages available free of charge.

